

Gordon Pickering Memorial 10Mile Time Trial

(Promoted by Stretford Wheelers Cycling Club)

Dear Rider,

Please find attached Start Sheet for Stretford Wheelers 10 mile Time Trial on Saturday 30th March 2019

First man off at 2.01pm.

We look forward to seeing you on the day.

Hazel Lawton

Event Organiser

Event Organiser:

Hazel Lawton, 49 Buttermere Road, Partington, Manchester, M31 4NF

Timekeepers: Graham Lawrence and Celia Elliott

First Rider off at 2:01pm

Headquarters: Siddington Village Hall, Congleton Road, Siddington, Cheshire. SK11 9JR

Numbers will be at the HQ- Please note that each rider must SIGN-ON when collecting their number, and SIGN-OFF when returning it. Failure to do so will result in that rider being classified as DNF.

Follow signs from HQ to the start and from finish back to HQ.

Course: J2/1

Start at JS1 mark in centre of lay-by on the A537, approximately 500 yards west of the A34 at Monks Heath. Proceed west on the A537 via Chelford island to Booths Hall island 5.258m

Encircle the island and retrace via Chelford Island to Finish at JF1 mark adjacent to the second stud back from the end of the first lay-by after Chelford Island.

10.000m

Note- if unfamiliar with the area follow the signs to the start from leaving the HQ and reverse after finishing the event .If in any doubt, please ask.

Gordon Pickering was a member of Stretford Wheelers for over 65 years. He was well known as the Timekeeper of so many Manchester and District events and served as an official and committee member of numerous cycling bodies both locally and nationally.

Prize for Event Winner to be awarded on day of Event

Prize values

Fastest Man	Fastest Woman	Fastest V40+	Fastest V50+	Fastest V60+	Fastest V70+	Team Men (3 Riders)	Team Women (2 Riders)
1 st £50 2 nd £30 3 rd £20 4 th £15 5 th £10	1 st £50 2 nd £30 3 rd £20	1 st £15 2 nd £10	1 st £15 2 nd £10	1 st £15 2 nd £10	1 st £15	1 st £15 each	1 st £15 each

Warnings:

Warming Up- Riders must not warm up past the start and finish areas.

Riders must exercise caution at all Junction. Any competitor whos riding line causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification from the event and may be reported to the District Committee for further disciplinary action. A competitor who swings out to the right before executing a left turn should ensure that the road behind is clear of traffic before doing so. The practice is not encouraged by the District Committee and competitors who ride in this manner are warned that in many circumstances this manoeuvre will be regarded as a contravention of Regulation 20.

IN THE INTERESTES OF YOUR OWN SAFTY Cycling Time Trials and the event promoters strongly advise you to wear a **HARDSHELL HELMET that meets an internationally accepted safety standard. In accordance with Regulation 15 ALL junior competitors must wear Protective Hard shell Helmet.**

It is recommended that working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

Chelford Island

Riders must negotiate Chelford Island in a safe and sensible manner in accordance with CTT Regulation 20 and the rules of the road. Riders must be able to brake and stop at the island if traffic conditions require this. **Riders MUST NOT APPROCH THE ISLAND USING TRI-BARS.**

Remember- traffic on the island has priority over incoming traffic, including riders, entering it. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action.

Regulation 22 must be adhered to "A competitor must not be preceded accompanied followed by or in any way receive assistance from a motorised vehicle or its occupants"

Refreshments

Refreshments and result board will be available at the headquarters.